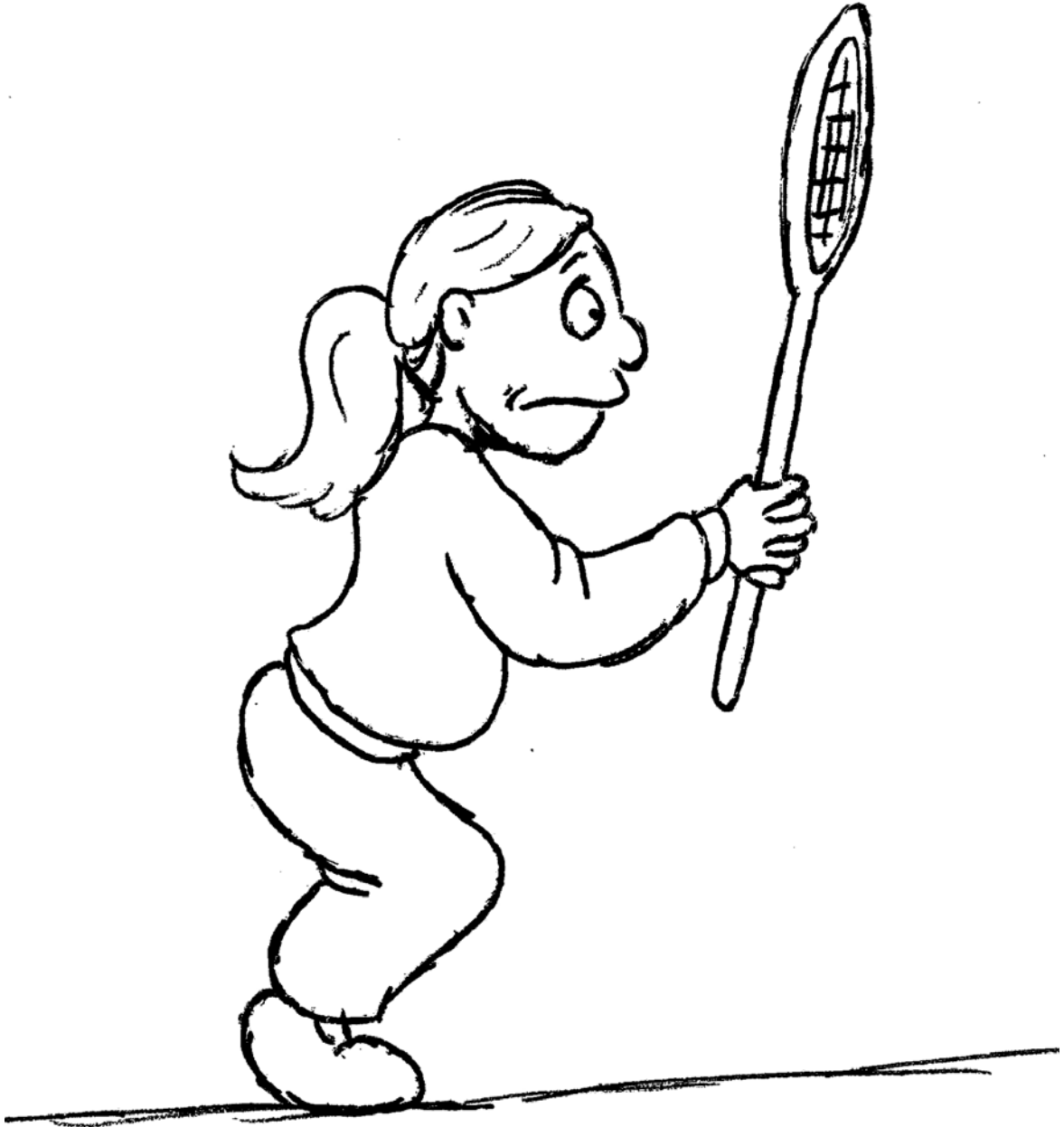


# Episode 4 - Confidence

**Confidence** means to have self-assurance or a feeling of certainty. To feel sure about what you are going to do.



**Bible Reference** – Philippians 4:13, which says, “For I can do everything through Christ, who gives me strength.” (NLT)

# Confidence Drama

1. What did Ben ask Shane to do when he rung him up?

---

---

2. What was Shane worried about?

---

---

3. Why do you think Shane was worried about this?

---

---

4. How did Mum and PJ help Shane?

---

---

5. How did Shane feel in the end?

---

---

6. Who are some people who can get help from when you are not feeling confident?

---

---

# The Butterfly

By Ranger Hardy



*Butterflies go through an amazing life cycle. They start out as caterpillars. Caterpillars eat lots and lots of leaves and then they make a cocoon. When they come out they are beautiful butterflies. They don't have to crawl around anymore. Isn't that just sensational! I would love to be able to fly around like them. They certainly look very pretty now, and to think they used to be wriggly grubs!*

*There are up to 20,000 different species of butterflies in the world, and they come in a huge variety of colours. The colours actually help to protect them from predators. When they close their wings, it helps the butterfly to camouflage in with its environment.*

*You know, looking at these butterflies makes me think about what God can do, to help us to grow and to change too. God can change a grub into a beautiful butterfly, so I know he's planning to do something really sensational with us. When you feel like things are pretty tough – like the poor old caterpillar, having to crawl around, think about the great plans God has for you one day. That should help to fill you with confidence! Don't give up. You can be sensational like that butterfly too!*

## Answer the following questions

1. How do butterflies start out?

---

2. How many different types of butterflies are there in the world?

---

3 How do the colours on the butterfly help them.?

---

5. What lessons about confidence can we learn from the butterfly?

---

---

# Lemon Battery Experiment

Professor I.R. Wise



## You will need

Lemons

Nails containing zinc

Copper strips

Pieces of wire

Small light bulb or LED

## Method

1. Place a nail into one side of each of the lemons.
2. Place a strip of copper in the other side of each lemon.
3. Join all but the last of nails and copper strips together using the wire.
4. Join the last copper strip with a piece of wire to one side of the LED or light globe.
5. Join the last nail using the wire strip to the other side of the LED or light globe. Your globe should now light up with the battery power of the lemon.

## Analysis

1. What difficulties if any did you have with this experiment?

---

---

2. Draw a diagram showing what your experiment looked like. Include labels.

3. When the globe was attached to the lemon battery, it started to glow. What is the ultimate source of power we can be connected to so that we can also be filled with confidence and start to glow?

---

---

## Song – Absolutely Unbelievable

Listen to the song *Absolutely Unbelievable*, and then fill in the missing words from the word bank below.

It's absolutely \_\_\_\_\_ what \_\_\_\_\_ can do in your \_\_\_\_\_

Absolutely unbelievable from \_\_\_\_\_ to \_\_\_\_\_ wrong to \_\_\_\_\_

It's \_\_\_\_\_ unbelievable what God \_\_\_\_\_ do in \_\_\_\_\_ life

Absolutely \_\_\_\_\_ what \_\_\_\_\_ can do \_\_\_\_\_ your \_\_\_\_\_

He can \_\_\_\_\_ wine from \_\_\_\_\_ lame to \_\_\_\_\_ blind to \_\_\_\_\_

Raise to \_\_\_\_\_ a man's \_\_\_\_\_ cure \_\_\_\_\_ of \_\_\_\_\_

If \_\_\_\_\_ don't \_\_\_\_\_ God I \_\_\_\_\_ you ought to

Get \_\_\_\_\_ on your \_\_\_\_\_ talk to Him \_\_\_\_\_

'Cause He's got \_\_\_\_\_ for \_\_\_\_\_ and your \_\_\_\_\_

Guaranteed to \_\_\_\_\_ you \_\_\_\_\_

|         |              |      |       |        |       |
|---------|--------------|------|-------|--------|-------|
| bad     | unbelievable | life | plans | see    | in    |
| make    | blow         | know | God   | your   | life  |
| life    | unbelievable | can  | right | people | water |
| leprosy | daughter     | down | away  | good   | today |
| life    | absolutely   | you  | walk  | knees  | God   |

# D.I.Y for Kids – Fishing Game

## You will need

- Round piece of heavy cardboard
- Strip of blue cardboard long enough for circumference of circle
- Foil to cover circle
- Sticky tape and scissors
- Sheets of light weight cardboard
- Paint and brushes or colouring pencils
- Paper clips
- 2 x garden canes & string
- 2 x magnets



## What To Do



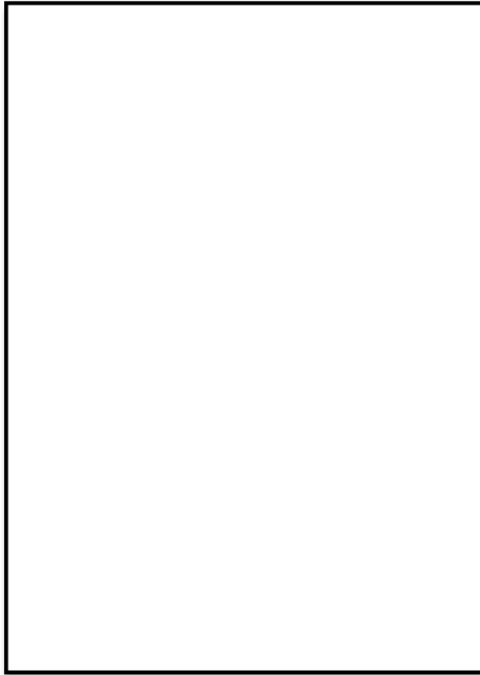
1. To make pond base, cover cardboard circle with foil, and stick it down on the back with sticky tape.
2. Stick the blue cardboard to the edge of the circumference of the circle to make the sides of the pond.
3. Trace the some fish and sea horse shapes onto the light weight cardboard and cut these shapes out.
4. Paint or colour these shapes.
5. Place a paper clip on each shape.
6. Write number on the back of each shape to use for scoring when a sea creature is caught.
7. Tie a magnet onto each piece of string, and tie the string to the garden cane to make fishing rod.
8. Play the game with a friend. The person catching the most points wins the game.



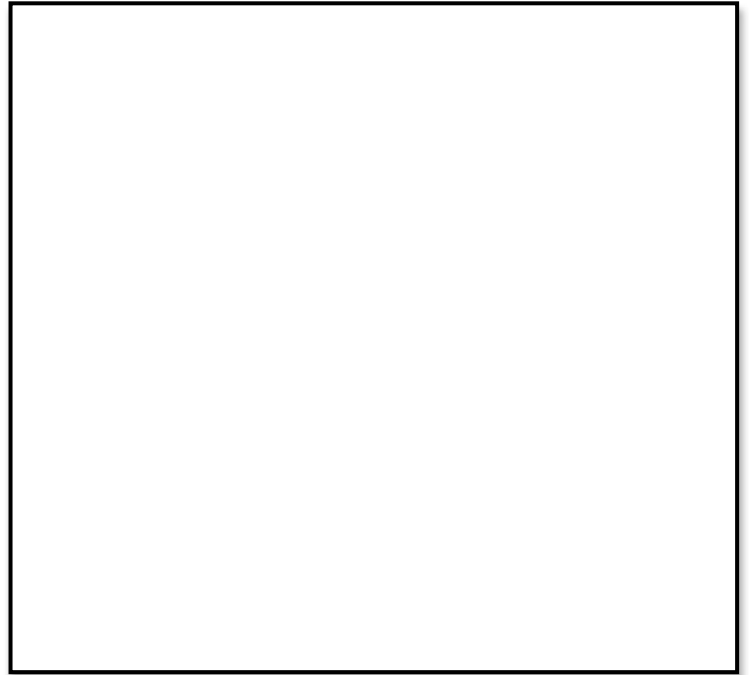
## Balloon Kaboom Butterfly

*A butterfly starts out as a plain, drab caterpillar, but this creature has the confidence to know that it will change into a beautiful butterfly. We can have the confidence to know that if we allow Jesus to work in our hearts, he will turn us into someone confident as well.*

1. Draw a picture of a caterpillar.



2. Draw a picture of a butterfly.



3. What changes does the caterpillar go through during its lifetime?

---

---

4. What can we learn about confidence from the caterpillar?

---

---

## Confidence Word Search

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| c | o | n | f | i | d | e | n | c | e | n | j | o | y | f | i |
| a | y | r | e | t | t | a | b | b | a | r | b | e | r | g | n |
| t | d | i | m | f | a | n | t | a | s | t | i | c | b | n | t |
| e | l | b | a | v | e | i | l | e | b | n | u | n | e | i | e |
| r | n | u | p | l | a | n | s | t | r | e | n | g | t | h | r |
| p | s | t | r | u | g | g | l | e | i | m | g | n | n | t | e |
| i | l | t | o | u | g | h | e | r | t | i | h | i | e | y | s |
| l | n | e | r | v | o | u | s | i | t | r | l | p | d | r | t |
| l | p | r | o | f | e | s | s | o | r | e | e | p | i | e | i |
| a | i | f | b | y | d | d | e | r | u | p | f | i | f | v | n |
| r | k | l | e | j | k | c | a | h | s | x | m | k | n | e | g |
| e | e | i | h | t | l | e | o | n | t | e | s | s | o | p | r |
| k | b | e | e | s | d | e | t | c | e | n | n | o | c | a | u |
| a | b | s | o | l | u | t | e | l | y | t | d | h | i | d | b |
| m | d | e | v | e | l | o | p | o | w | e | r | e | t | m | s |
| s | u | c | c | e | s | s | w | g | n | i | t | s | u | r | t |

|             |              |             |            |
|-------------|--------------|-------------|------------|
| caterpillar | connected    | butterflies | plans      |
| interesting | unbelievable | skipping    | everything |
| battery     | nervous      | confidence  | develop    |
| fantastic   | confident    | trust       | experiment |
| struggle    | enjoy        | strength    | absolutely |
| trusting    | make         | tough       | grubs      |
| success     | professor    | power       | shack      |

# Confidence Code Breaker

1. Crack the code to discover the hidden message.

Φ ο ρ Ι χ αν δ ο ε πε ρ ψ τ η ι ν γ τ η ρ ου γ η Χ η ρ ι σ τ ,  
 ω η ο γ ι π ε σ μ ε σ τ ρ ε ν γ τ η  
 . 4:13  
 Π η ι λ ι π π ι α ν σ . 4:13

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| a | b | c | d | e | f | g | h | i | j | k | l | m |
| α | β | χ | δ | ε | φ | γ | η | ι | φ | κ | λ | μ |
| n | o | p | q | r | s | t | u | v | w | x | y | z |
| n | o | p | q | r | s | t | u | v | w | x | y | z |

2. Draw a picture to illustrate what this means to you

Arnie's Shack - Pictures to Colour by Beau Ferret

